**Jessica Y. Allen, Ph.D.**

Birmingham-Southern College

Department of Psychology

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**ACADEMIC POSITIONS**

Assistant Professor September 2016-present

\*Associate Professor rank beginning 9/1/2022 Birmingham-Southern College

Department of Psychology

Faculty Affiliate September 2013-present

Alabama Research Institute on Aging

The University of Alabama

Associate Member August 2020-present

Integrative Center for Aging Research

University of Alabama at Birmingham

Temporary Graduate Faculty August 2013-August 2019

The University of Alabama

Graduate School

Associate Director of Undergraduate Studies April 2014-August 2016

The University of Alabama

Department of Psychology

Assistant Clinical Professor, Renewable Contract August 2013-August 2016

The University of Alabama

Department of Psychology

**EDUCATION & TRAINING**

Family Leader Trainee August 2020-July 2021

Pediatric Pulmonary Center, University of Alabama at Birmingham,

and Children’s of Alabama, Birmingham, AL

Postdoctoral Fellow August 2012-July 2013

Institute for Health, Health Care Policy, and Aging Research

Rutgers University, New Brunswick, NJ

Ph.D. Aging Studies, August 2012

University of South Florida**,** Tampa, FL

B.A.Psychology, May 2007

The University of Alabama, Tuscaloosa, AL

**FUNDED GRANTS & FELLOWSHIPS**

*Principal Investigator,* “Dementia Friendly West Alabama: Virtual Reality and Service Learning”. Dementia

Friendly Communities Expansion Mini-Grant. March 2019-June 2019.

*Krulak Institute Summer Stipend Award*, “Health Psychology: An Integrative Approach”. Birmingham-

Southern College, Spring, 2018.

*Birmingham-Southern College Technology Grant*, “Geriatric Sensory Impairment Technology”,

Information Technology, Birmingham-Southern College, Fall, 2017.

*Co-Principal Investigator*, “A Controlled Trial of Team-Based Learning Compared to an Active Learning

Enhanced Control”, College of Arts & Sciences Teaching Grants, The University of Alabama, June 2013-June 2014

*Ruth L. Kirschstein National Research Service Awards Postdoctoral Fellowship*, Rutgers University,

Institute for Health, Health Care Policy, and Aging Research, August 2012-August 2013

*McNair Doctoral Fellowship*, University of South Florida School, August 2010-2012

*Principal Investigator*, “An Evaluation of the International Classification of Functioning, Disability, and

Health as a Predictor of Six-Month Survival for Dementia Patients”, The Center for Hospice, Palliative Care & End-of-Life Studies at USF Graduate Assistantship, August 2008-July 2009

**SUBMITTED (UNFUNDED) COMPETITIVE GRANTS & FELLOWSHIPS**

“Designing & Investigating an Experiential Course on Hospice & Palliative Care for Undergraduates”, The

California State University Institute for Palliative Care Seed Grant, August 2018

Applicant, Butler-Williams Scholars Program, National Institute on Aging, Proposed study to investigate

factors associated with bereavement outcomes and resource support needs among bereaved Black caregivers, Spring 2017

**PUBLICATIONS**

*Book Chapters*

Kwak, J., **Allen, J. Y.**, & Haley, W. E. (2011). Advance care planning and end-of-life decision

making. In P. Dilworth-Anderson & M. H. Palmer (Eds.), *Annual review of gerontology and geriatrics: Pathways through the transitions of care for older adults* (Vol. 31, pp. 143-165). New York: Springer.

### *Journal Articles*

\*Denotes a student-mentored project.

### Neumann, M.L., Kakani, S., Allen, J.Y., Ladner, A., Rauen, M.H., Weaver, M.S., & Mercer, D.F.

### (manuscript in progress). Stressors and quality of life perceptions among teenage and adult patients with short bowel syndrome.

### Neumann, M.L., Allen, J.Y., Kakani, S., Ladner, A., Rauen, M.H., Weaver, M.S., & Mercer, D.F. (*Under*

*review)*. How- and how much- does pediatric SBS impact child wellbeing? Exploring parent perceptions using a disease-specific pilot survey. *Journal of Parenteral and Enteral Nutrition*

Neumann, M.L., **Allen, J.Y.,** Kakani, S., Ladner, A., Rauen, M.H., Weaver, M.S., & Mercer, D.F. (*In-press)*. A

beautiful struggle: Parent perceptions of the impact of short bowel syndrome on child and family wellbeing. *Journal of Pediatric Surgery*

### Allen, J. Y., Haley, W.E., & Small, B.J. (2019). Bereavement outcomes among spousal

hospice caregivers: Relief, rumination, and perceived patient suffering. *Death Studies, 45*(5), 371-379.

doi: 10.1080/07481187.2019.1648331

PMID:  31402770

### Allen, J. Y., Haley, W. E., Small, B. J., Schonwetter, R. S., & McMillan, S. C. (2013). Bereavement among hospice caregivers of cancer patients one year following loss: Predictors of grief, complicated grief, and symptoms of depression. *Journal of Palliative Medicine,16,* 745-751. doi: 10.1089/jpm.2012.0450

### PMID: 23697816

### Allen, J. Y., Hilgeman, M. M., & Allen, R. S. (2011). Prospective end-of-life treatment

### decisions and perceived vulnerability: Future time left to live and memory self-efficacy.

### *Aging and Mental Health*, *15*(1), 122-131. doi: 10.1080/13607863.2010.505229

### PMID: 20924818

Jang, Y., Chiriboga, D.A., **Allen, J.Y.**, Kwak, J. Salmon, J., & Haley, W.E. (2010). Willingness

to use hospice among Korean American older adults. *Journal of the American Geriatrics*

*Society, 58*, 352-356. doi:  1[0.1111/j.1532-5415.2009.02684.x](http://dx.doi.org/10.1111%2Fj.1532-5415.2009.02684.x)

PMID: 2852887

Haley, W.E., **Allen, J.Y.**,Grant, J.S., Clay, O.J., Perkins, M., & Roth, D.L. (2009). Problems

and benefits reported by stroke family caregivers: Results from a prospective epidemiological study. *Stroke*, 40, 2129-2133. doi: 10.1161/STROKEAHA.108.545269.

PMID: 19407230

Allen, R.S., **Allen, J.Y.**, Hilgeman, M.H. & DeCoster, J. (2008). End-of-life decision-making, decisional

conflict and enhanced information:  Race and gender effects. *Journal of the American Geriatrics Society, 56* (10), 1904-1909*.* doi: 10.1111/j.1532-5415.2008.01929.x

PMID: 18775035

*Other Publications*

Creden, S. (2014)\*. A Review of Literature on False Memory Phenomena and Anosognosia in Dementia Patients: Insight into the Development of Targeted Interventions. *The Journal of Science and Health at the University of Alabama*, *11*, 31-38. http://joshua.ua.edu/uploads/8/4/7/1/84719248/joshua\_vol\_11.pdf

**Allen, J.Y.** (2009, June). *A Deregulated Hospice Market: The Impact to Dying Patients and Their Families*. Technical report submitted to the Research Department of The Hospice Institute of the Florida Suncoast. Tampa, FL.

**Yeakle, J.E.**, & Allen, R.S. (2007). Piloting EDMAC: The end-of-life decision-making and memory complaint project. *The University of Alabama McNair Journal*, *7*, 195-215. http://graduate.ua.edu/mcnair/journals/2007/Yeakle.pdf

**CONFERENCE PRESENTATIONS**

*Talks & Symposia*

\*Denotes a student-mentored project.

**Allen, J.Y.** (April, 2021). “Pre- post- death anxiety in an undergraduate *Death & Dying* course”. 42st

Annual Conference of the Southern Gerontological Society, Virtual.

**Allen, J. Y.** & Hayden, K. (April 2021). “Crafting a community: A service-learning course for use in adult

day and nursing home settings”. 42st Annual Conference of the Southern Gerontological Society, Virtual.

Rickenbach, E., **Allen, J.Y.**, Huang, C., & Cichy, K.E. (November, 2019). “The long-term health of

grandparent caregivers: Results from three waves of the Midlife in the United States Study (MIDUS)”. 72nd Annual Scientific Meeting of the Gerontological Society of America, Austin, TX.

\* **Allen, J. Y.** & Barakam, M. (April, 2019). “Assessing a communication education intervention on

undergraduates’ self-efficacy and attitudes: Communicating chronic diagnoses”. 40th Annual Conference of the Southern Gerontological Society, Miramar Beach, FL.

Rickenbach, E.H., & **Allen, J.Y.** (March, 2018). "*You need to have a plan and then you need to save*":

Expectations for retirement among recent retirees and young adults. Association for Gerontology in Higher Education's 44th Annual Meeting and Educational Leadership Conference, Atlanta, GA.

**Allen, J. Y.**, Snow, A.L., Prentice-Dunn, S., Haidet, P., & Nielsen, B. (February, 2015). We learned as

a team! Utilizing the team-based learning method in an upper-level undergraduate dementia seminar. Association for Gerontology in Higher Education's 41st Annual Meeting and Educational Leadership Conference, Nashville, TN.

Snow, A.L., **Allen, J. Y.** Prentice-Dunn, S., Haidet, P., & Nielse, B. (March, 2014). A controlled trial of

team-based learning compared to an active learning enhanced control. 13th Annual Team

Based Learning Collaboration Conference, Ft. Worth, TX.

**Allen, J.Y.** (February, 2012). Including death and dying in a general education course:

Challenges and triumphs from the perspective of a graduate instructor. 38th Annual

Meeting and Educational Leadership Conference of the Association for Gerontology in

Higher Education, Arlington, VA.

*Poster Presentations*

\*Denotes a student-mentored project.

**Allen, J.Y.**, Bonner, N., Hunt, M., Jones, T., Twilley, K., Lenker, C.V., Rutland, S., Tarn, V.E., Troxler, B.

(May, 2021). Telehealth in a Pulmonary and Sleep Subspecialty Pediatric Clinic: Caregiver Accessibility and Evaluation of Service. Annual Conference of the Association of Maternal and Child Health Programs, Virtual.

**Allen, J. Y.**, Bonner, N., Hunt, M., Jones, T., Twilley, K., Lenker, C.V., Rutland, S., Tarn, V.E., Troxler, B.

(April, 2021). Caregiver Evaluation of Quality and Accessibility of Telehealth in a Sleep & Pulmonary Subspecialty Clinic. Making Lifelong Connections Annual Meeting, Virtual.

\***Allen, J. Y.**, Patel, D. & Patel, S. (April, 2019). Assessing a Relaxation Intervention for Caregivers of

Adult Day Facility Clients: Physical and Psychological Well-Being Outcomes. 40th Annual Conference of the Southern Gerontological Society, Miramar Beach, FL.

\*Sisler, H. (September, 2018). Empathy and burnout in long-term care health providers. Annual Krulak

Institute for Leadership, Experiential Learning, and Civic Engagement. Birmingham, AL.

**Allen, J.Y.**, Haley, W.E., Small, B.J., & McMillan, S.C. (November, 2011). Bereavement

among hospice caregivers one year following loss: Predictors of grief, complicated grief,

and depressive symptoms. 64th Annual Scientific Meeting of the Gerontological Society

of America, Boston, MA.

**Allen, J.Y.**,Schonwetter, R.S., Small, B.J., & Haley, W.E. (November, 2010). Evaluation of the

International Classification of Functioning, Disability and Health (ICF) as a predictor of

6-month survival among hospice patients with dementia. 63rd Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.

**Allen, J.Y.**, Jang, Y., Chiriboga, D.A., Kwak, J. Salmon, J., & Haley, W.E. (November, 2009).

Willingness to use hospice among Korean American older adults. 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

Kim, G., & **Allen, J.Y.** (November, 2009). Depressed older adults in the United States:

Who is at risk for major depressive disorder? 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

**Allen, J.Y.** & Hyer, K. (March, 2009). Deregulation impact on hospice: A review of the literature on

access, service, quality, and cost. 20th Annual Southeastern Regional Student Mentoring Conference in Gerontology and Geriatrics, Athens, GA.

**Allen, J.Y.**, Allen, R.S., & Hilgeman, M.H. (November, 2008). Planning for the future: Perceived time

and memory self-efficacy. 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MA.

Hilgeman, M.H., Allen, R.S., & **Yeakle, J.E.** (August, 2008). Socioemotional selectivity theory

and self-concept in older adults. American Psychological Association 116th Annual

Convention, Boston, MA.

**Allen, J.Y.**, Allen, R.S., & Hilgeman, M.H. (March, 2008). Planning for the future: Perceived

time, memory self-efficacy, and decisional conflict. 19th Annual Southeastern Regional Student Mentoring Conference in Gerontology and Geriatrics, Tybee Island, GA.

**Yeakle, J.E.**,Allen, R.S., & Hilgeman, M.H. (November, 2007). End-of-life decision-making:

The role of enhanced information. 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.

Hilgeman, M.H., Allen, R.S., & **Yeakle, J.E.** (November, 2007). It’s all in the balance: Identity process

theory and memory self-efficacy. 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.

**Yeakle, J.E.**,Allen, R.S., & Hilgeman, M.H. (March, 2007). End-of-life decision making: The role of

enhanced information. 18th Annual Southeastern Regional Student Mentoring Conference in Gerontology and Geriatrics, Atlanta, GA.

**Yeakle, J.E.**,Allen, R.S., & Hilgeman, M.H. (July, 2006). End-of-life decision making and memory

complaint: The role of enhanced information. 14th Annual Penn State McNair Summer Research Conference, State College, PA.

**Yeakle, J.E.** & Allen, R.S. (October, 2006). Piloting EDMAC: The end-of-life decision making and

memory complaint study. 7th Annual University of Alabama McNair Scholars Research Conference, Tuscaloosa, AL.

**OTHER INVITED PRESENTATIONS**

Bliton, K., Twilley, K., Hunt, M., Jones, T., Bonner, N., **Allen, J.Y.** (February, 2021) “An Interprofessional

Review of a Complex Pediatric Pulmonary Case”. Presented to all U.S. Pediatric Pulmonary Centers,

UAB Pediatrics and Children’s of Alabama. Birmingham, AL.

**Allen, J.Y.** (October, 2020). Caregiving for Pulmonary Fibrosis at Home: Experience with Supplemental

Oxygen. Pediatric Pulmonary Center Seminar, UAB/Children’s of Alabama. Birmingham, AL

**Allen, J. Y.** (October, 2018). Prenatal Drug Exposure: Necrotizing Enterocolitis and Periventricular

Leukomalacia. Course: Drugs, Brain and Behavior, Birmingham-Southern College, Birmingham,

AL.

**Allen, J.Y.** (October, 2018). Understanding Bereavement, Grief, and Mourning from Biblical

and Scientific Literature. Coffee and Convos, Iron City Church, Birmingham, AL.

**Allen, J. Y.** (September, 2018). “Caring” for Physical and Mental Health Disparities. Grant Proposal

Workshop. Alabama Research Institute on Aging. Tuscaloosa, AL

**Allen, J. Y.** (January, 2018). Quality of Life at End-of-Life: A Discussion of the Palliative Performance

Scale, Functional Assessment Staging, and International Classification of Functioning, Disability and Health. Aging in America and Science of Immortality Speaker Series. Birmingham, AL.

**Allen, J. Y.** (April, 2014). Completing the incomplete: Motivating students and integrating policy. The

Department of Psychology Teaching Excellence Brown Bag Series. Tuscaloosa, AL.

**Allen, J.Y.** (August, 2010). First day of class: Where the rubber hits the road! The Center for

21st Century Teaching Excellence Annual Teaching Effectiveness Workshop. Tampa, FL

**Allen, J.Y.**,Schonwetter, R.S., Small, B.J., & Haley, W.E. (June, 2010). Determining

Hospice Eligibility among Dementia Patients: Utilization of the ICF Tool. Monthly

meeting of The Center for Hospice, Palliative Care & End-of-Life Studies, Tampa, FL.

**TEACHING AND MENTORSHIP**

*Assistant Professor,* Birmingham-Southern College

* Abnormal Psychology (PY 313, see previously, “Psychological Disorders, PY 213)
* Clinical Psychology (PY 330)
* Death & Dying (PY 317)
* Exploration Project: “Crafting a Community”: A Service-Learning Course for Use in Adult Day and Nursing Rehabilitative Settings
* Exploration Project: Planning Your Career in PY
* Exploration Project: The Science of Social Networks
* Introduction to Psychology (PY 101)
* Psychology of Aging (PY 306)
* Senior Seminar, Advanced Topics in Psychology: Bereavement (PY 450)
* Senior Seminar, Advanced Topics in Psychology: Bringing Art to Life Among Individuals with Dementia (PY 450)
* Special Topics in Psychology: Health Psychology (PY 277)
* Special Topics in Psychology: Practicum in Psychology (PY 277)

*Clinical Assistant Professor*, The University of Alabama

* Alzheimer's Disease and other Dementias: Clinical, Psychosocial, and Societal

Perspectives (PY 491)

* Bereavement, Grief, and Mourning: Understanding Loss across the Lifespan from Multiple Perspectives (PY 491)
* Honors Introduction to Psychology (PY 105)
* Introduction to Psychology (PY 101)
* Professional Issues in Psychology (PY 321)
* Undergraduate Teaching Internship (PY 495)

*Instructor of Record***,** University of South Florida (2010-2012)

* Death & Dying (GEY 4641)
* Directed Research (GEY 4917)
* Psychology of Aging (GEY 4612)
* Supervised Research (IDH 4910)

*Awards, Events, and Other Student Mentorship/Sponsorship*

* Harrison Honor’s Scholar Mentor, Divya Sriram, “Impact of Hindu Philosophy on Asian Indian America Hindu Immigrants’ End-of-Life Care” (Spring-Fall, 2021)
* RISE3 Internship Faculty Sponsor, Amber Thompson, “Televisits & Psychological Evaluation: A Forensic Psychology Shadowing Experience” (Summer, 2020)
* Independent Research Mentor, Raven Williams, “Investigating Factors to Improve the Transition from High School to College” (Spring-Fall, 2019)
* RISE3 Internship Faculty Sponsor, Garrett Talley, “Evidence-Based Mentorship and Advising for Adolescent Males in a Faith-Based Setting” (Summer, 2018)
* Independent Research Mentor, Patrick Huang, “Empathy Research: Younger Adults’ Attitudes on Arthritis and Tremors” (Summer, 2018)
* Independent Research Mentor, Amanda Fitzgerald, “Retirement in the Digital Age: The Role of Technology Use and Cognitive Health and Wellbeing” (Spring, 2018)
* Mortar Board Honor Society Scroll Chapter 100 Honoree (Spring, 2018)
* Doctoral Dissertation Committee, Megan Wood, “Age Differences in Risk Decision Making: The Effects of Explicitness, Personality and Working Memory” (Fall 2014-Spring 2017)
* Award for Distinguished Faculty Teaching, Department of Psychology, University of Alabama, (Spring, 2015)
* University of South Florida Undergraduate Psychology Student Honors Thesis Committee Co-Chair, Fall 2010-Fall 2011

**PROFESSIONAL MEMBERSHIPS**

* Southern Gerontological Society, 2018-present
* Team-Based Learning Collaborative, 2013-present
* American Psychological Association, 2006-present (Divisions 20, 2, 12-2)
* Gerontological Society of America, 2007-present (Behavioral and Social Sciences Subgroup)

**SERVICE AND PROFESSIONAL ACTIVITIES**

*Manuscript Referee/Ad-hoc Reviewer*

* Aging & Mental Health
* Death Studies
* Gerontology & Geriatrics Education
* JAMA Psychiatry
* Journal of Aging and Health
* Journal of the American Geriatrics Society
* Journal of Pain and Symptom Management
* Journal of Palliative Medicine
* Psycho-Oncology

*Institutional Activities*

* Faculty Development Committee, Fall 2020-present; Co-Chair 2021-2022
* Co-Faculty Advisor, Psi Chi Honor Society, Fall 2018-present
* Co-Chair, Institutional Review Board, August 2018-August 2019
* Search Committee, OSP, Fall 2018-Spring 2019
* BE-IT! First-year Cohort Experience Task Force, 2018-2019
* Interviewer, Pre-Health Mock Interviews, Fall, 2018
* Sample Southern Admission Events, 2019-present
* Select Southern Admission Events, 2018-present
* Birmingham-Southern College Health Professions Advisory Committee, 2017-2018
* Birmingham-Southern College Building the Bridge Online Programs Committee, Summer 2017

*Community Activities*

* Founding Consultant, “Silver Servants Senior Citizen Center”, Candler County, GA, Summer 2021
* McCoy Adult Day Care Board of Directors, Summer 2019-present
* Alabama Possible Young Supporters Board, Summer 2018-Fall 2019
* Junior League of Birmingham, 2017-present