

CH. 4 – z-scores and the Standard Normal Distribution

PY 221 Research Methods & Statistics I
Dr. Valenti

Tomorrow (Wednesday 2/16) – Harbert 301

- We'll be in the lab to work on Practice Lab #2, using JAMOVl
- Arrive a few minutes before 2:00 and find a computer that is turned on and connected to the internet
 - Please try to sit near the middle aisle and/or close to the front of room; this allows me to get to you more easily, in the event that you need help!
- Log in to Moodle, and open the Chapter 3 lecture slides as a reference
- Consider where you are going to save your practice lab work so that you'll have access to it later
 - E.g., USB, desktop and then upload to *OneDrive*
- I'd recommend also having a pen/pencil and your notebook for taking notes on how to use JAMOVl

This YouTube channel has a lot of helpful tutorials about JAMOVl.

https://www.youtube.com/playlist?list=PLkk92zzyru5OAtc_ItUubaSSq6S_TGfRn

Outline for Ch. 4

1. Standard Normal Distribution
2. Defining and calculating z-scores (aka *standardized scores*)
3. z-scores and the area under the curve

Histogram of Heights of Grad Students

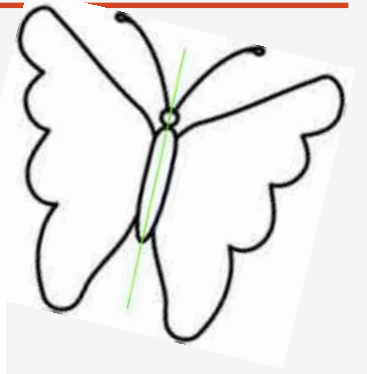
Frequency
(# Ps with each score)



Score (which is height)

Standard Normal Distribution

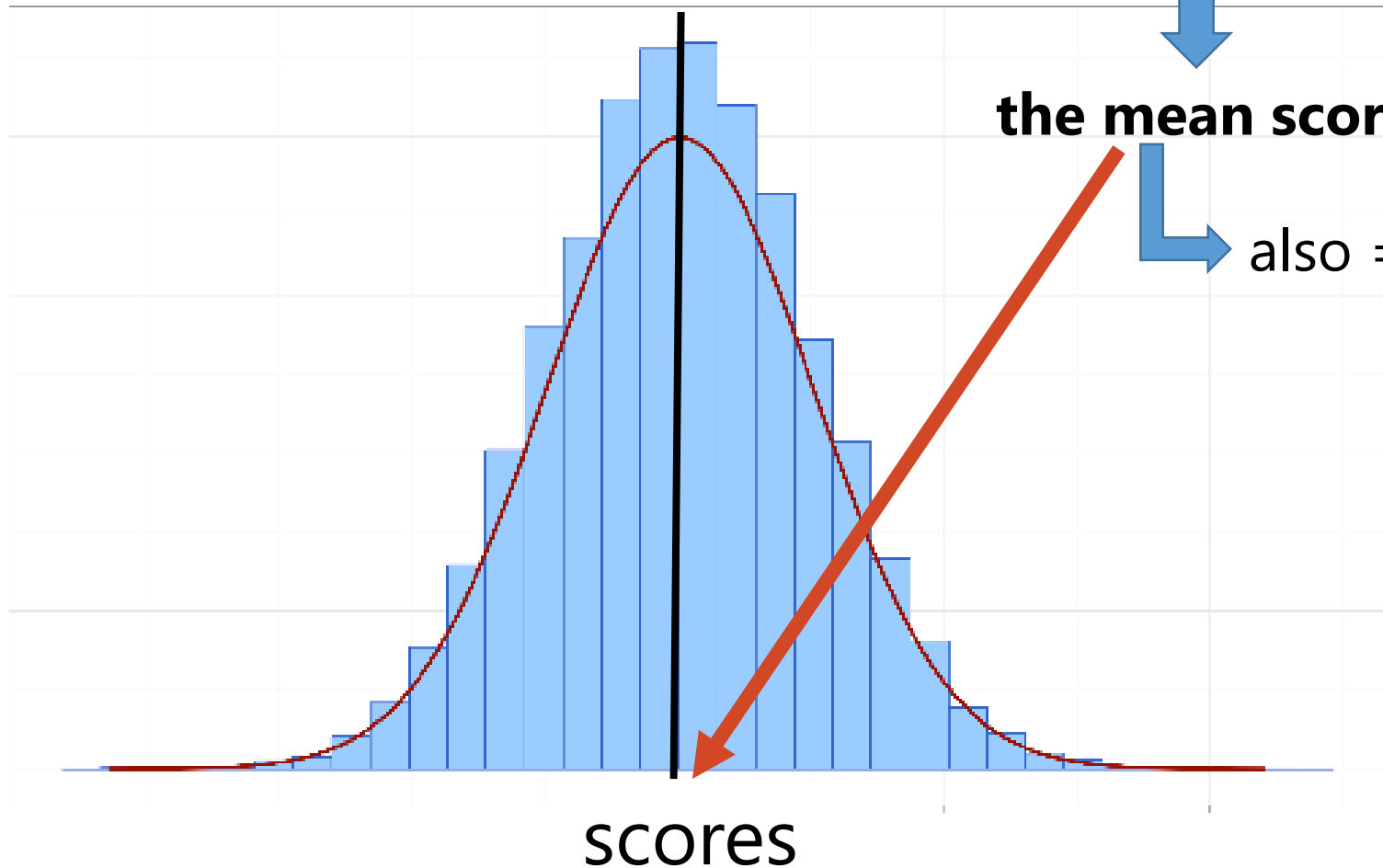
What characteristics do data with this distribution have?



• Bell shaped-*ish*

• Symmetrical around center

Frequency (# Ps)
Or
Percentage of Ps



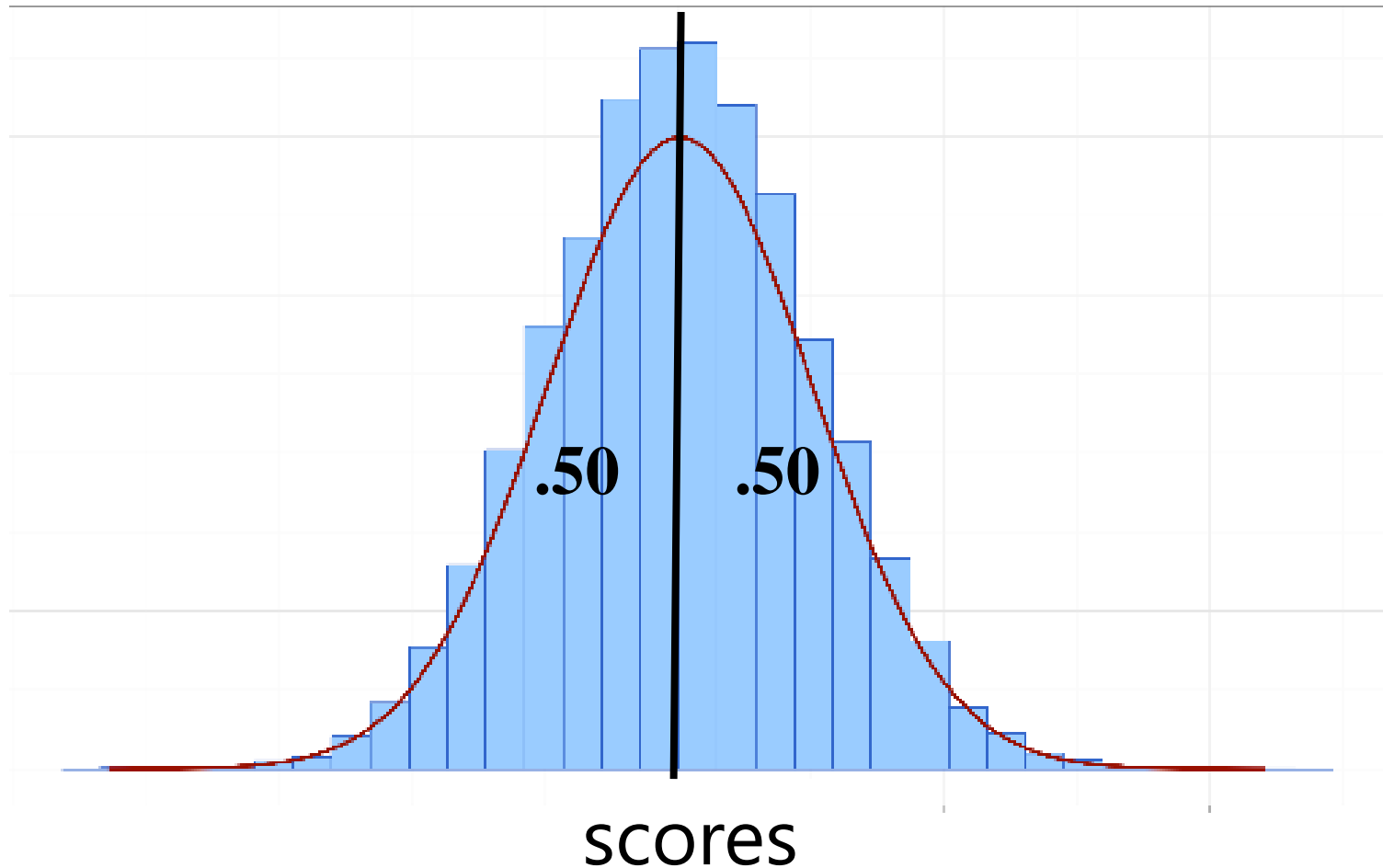
the mean score

also = mode & median

Standard Normal Distribution

What characteristics do data with this distribution have?

Frequency (# Ps)
Or
Percentage of Ps

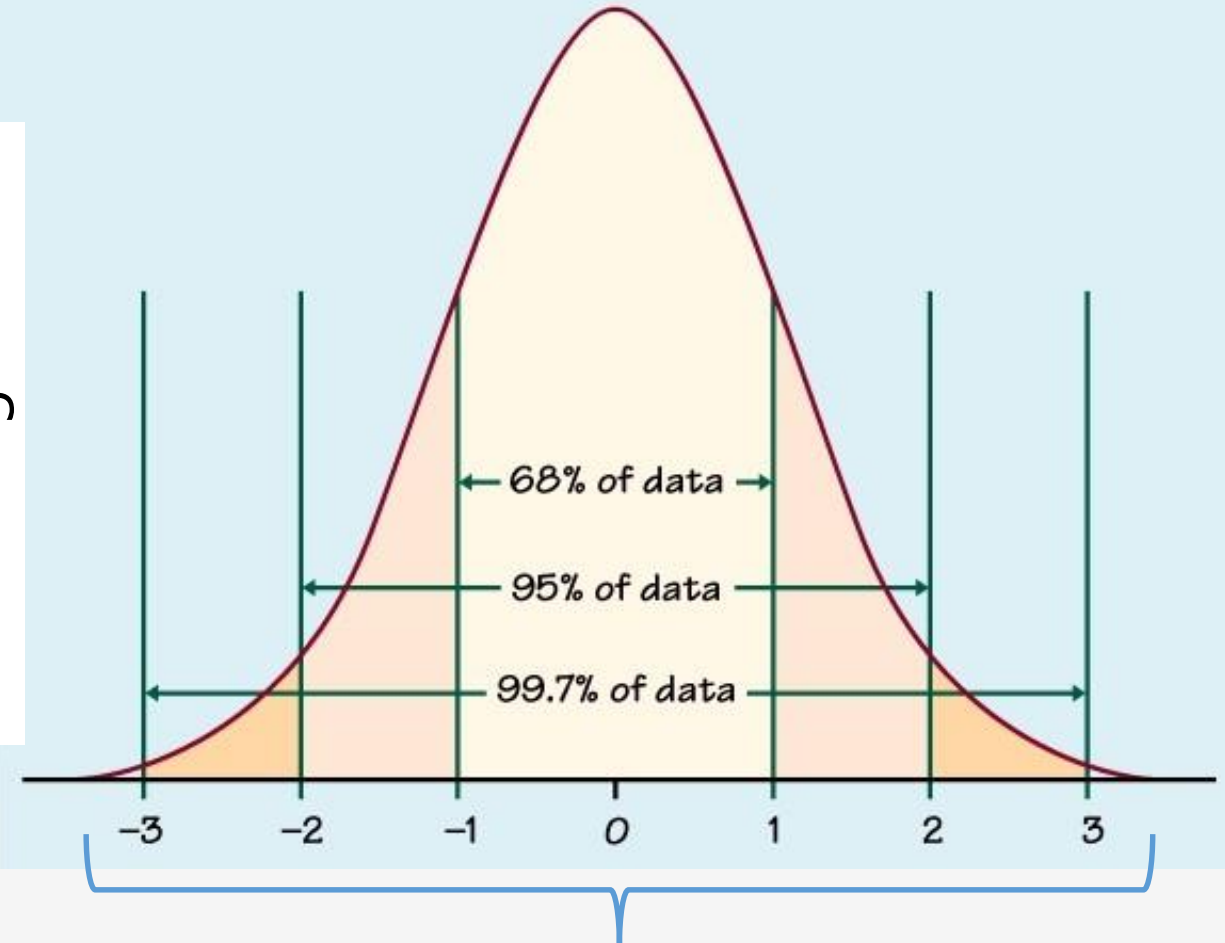


Standard Normal Distribution

What characteristics do data with this distribution have?

- "area under the curve"
- **68%** of the area is (68% of people's scores are) w/in **1 standard deviation** of the mean

Frequency (# Ps) or
Percentage of Ps



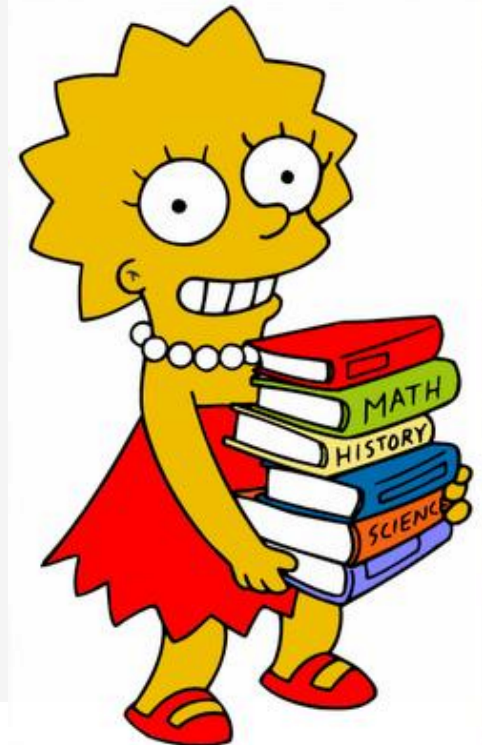
These numbers are not *raw scores*, but z-scores.

Outline for Ch. 4

1. Standard Normal Distribution
- 2. Defining and calculating z-scores (aka *standardized scores*)**
3. z-scores and the area under the curve

Suppose Lisa receives scores of 76% on both her PY 101 exam and her BI 110 exam . . .

- how did Lisa do in each class?
- *and*, is she equally good at psychology and biology?
- On its own, "76%" doesn't provide all the information we need.
- **What additional information do we need?**

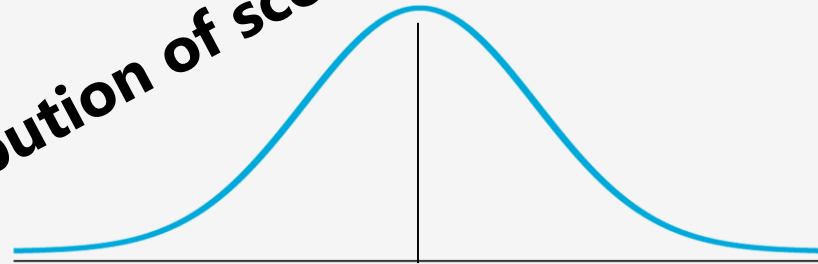


What additional information do we need?

- Mean for each class → tells you whether she did better or worse than the average grade in that class
 - But what if mean for each class is the same? (70%) Is she equally good in PY 101 and BI 110?
- Standard deviation for each class →
 - tells you whether scores are really spread out from mean or close to mean ...

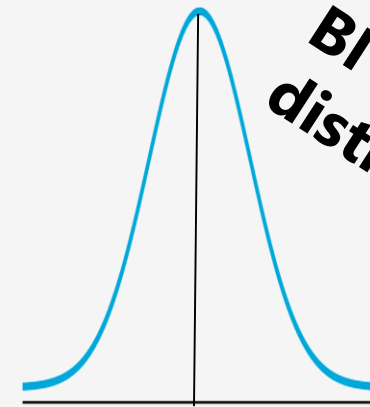


**PY 101
class distribution of scores**



Mean = 70

**BI 110 class
distribution of scores**

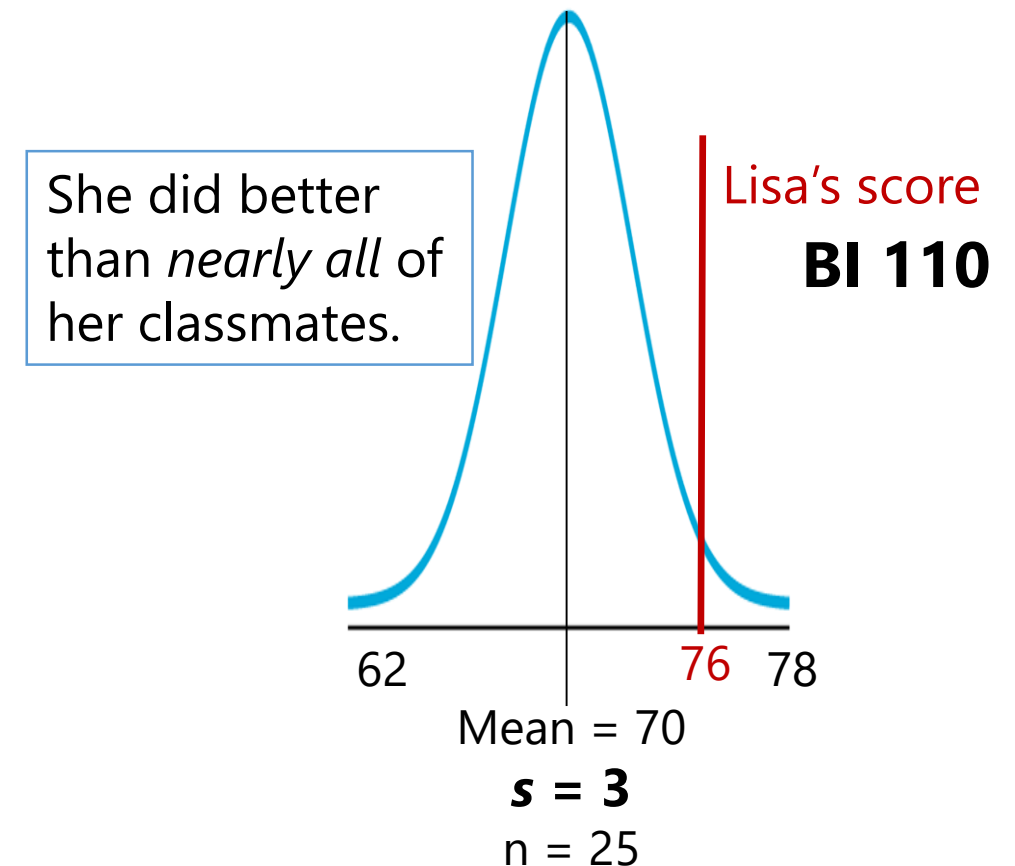
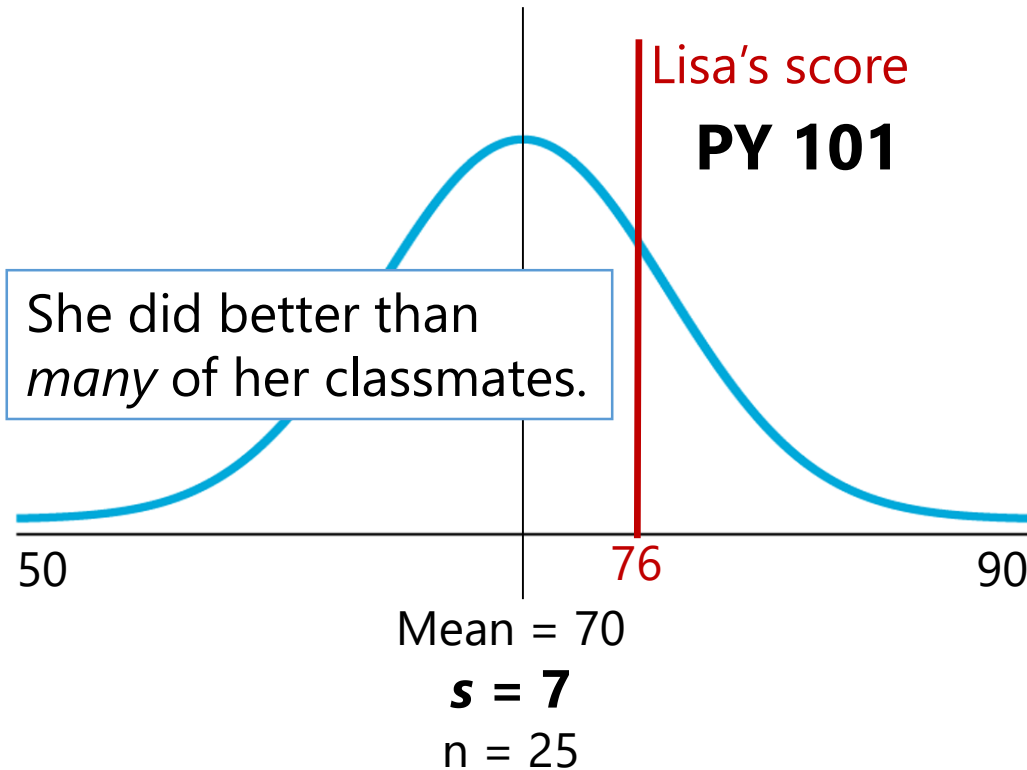


Mean = 70

It'd be helpful to know, for each class, the *location* of Lisa's score *within the distribution of the entire class' scores*

76 is Lisa's "raw score"

In which class is Lisa one of the best performers?
In which class is Lisa simply a good performer?



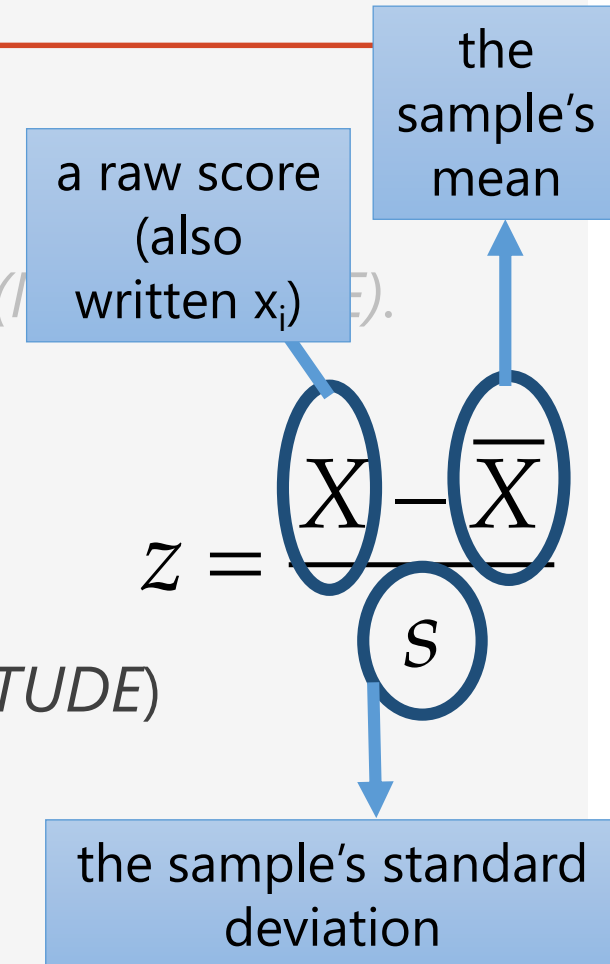
What is a z-score?



- Each raw score can be converted into a z-score, as long as you know the mean (\bar{x}) and standard deviation (s) for the sample.
- Each z-score tells the *exact location* of the raw score *within the distribution*.
- In particular, on its own, each z-score tells us...
 - whether the raw score is *above* or *below* the mean (*SIGN*, +/-)
 - how many *standard deviations from the mean* the raw score is (*MAGNITUDE*)

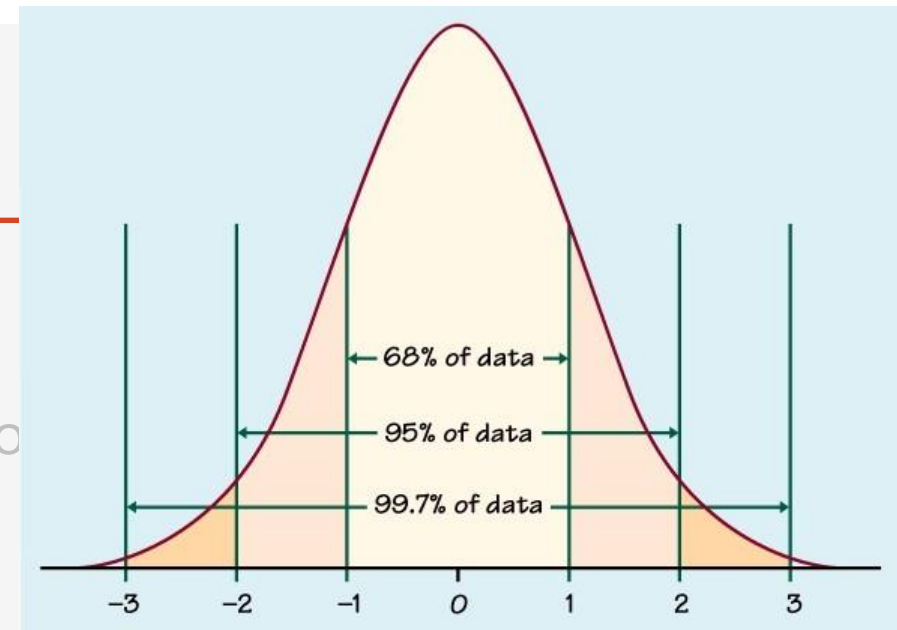
What is a z-score?

- In particular, each z-score tells us...
 - whether raw score is *above* or *below* mean (*SIGN*)
 - how many *standard deviations from mean* the raw score is (*MAGNITUDE*).
- Raw scores are converted into z-scores using a formula
 - z-scores can be positive or negative (*SIGN*)
 - z is *positive* when the raw score is *above* (*greater than*) the mean
 - z is *negative* when the raw score is *below* (*less than*) the mean
 - z-scores can be larger or smaller in absolute value (*MAGNITUDE*)
 - z-scores of *larger* magnitude indicate a raw score *far from* mean/center (i.e., closer to tails)
 - z-scores of *smaller* magnitude indicate a raw score *close to* mean/center (i.e., farther from tails)
 - a z-score of 0 indicates the raw score is *equal to* mean



What is a z-score?

- In particular, each z-score tells us...
 - whether raw score is *above* or *below* mean (*SIGN*)
 - how many *standard deviations from mean* the raw score is
- Raw scores are converted into z-scores using a formula
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 - z-scores can be larger or smaller in absolute value (*MAGNITUDE*)
 - z-scores of *larger* magnitude indicate raw score *far from* mean/center (closer to tails)
 - z-scores of *smaller* magnitude indicate raw score *close to* mean/center (farther from tails)
 - a z-score of zero indicates the raw score is *equal to* mean



$$z = \frac{X - \bar{X}}{S}$$

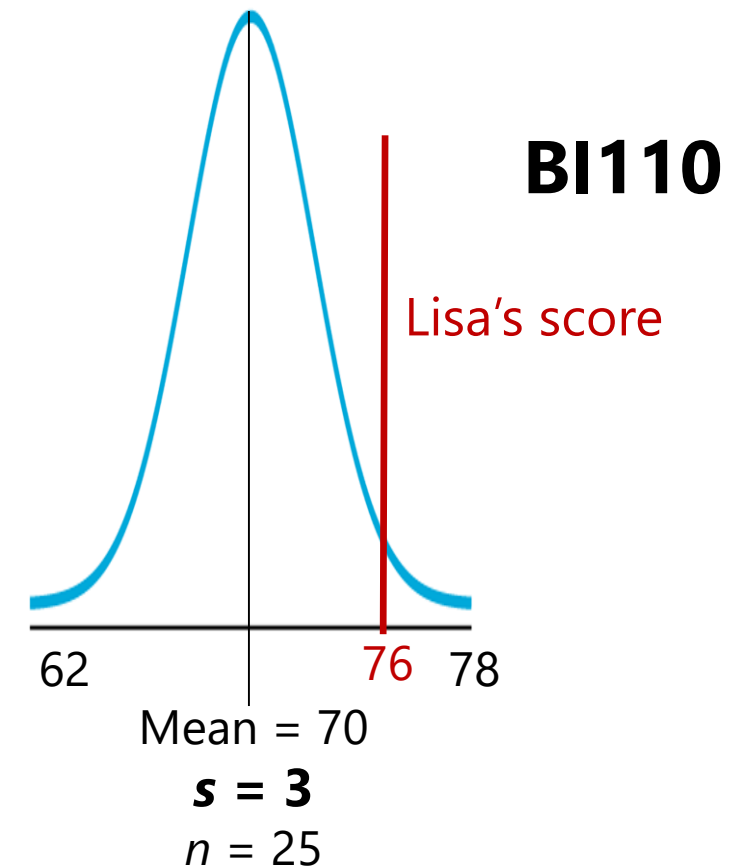
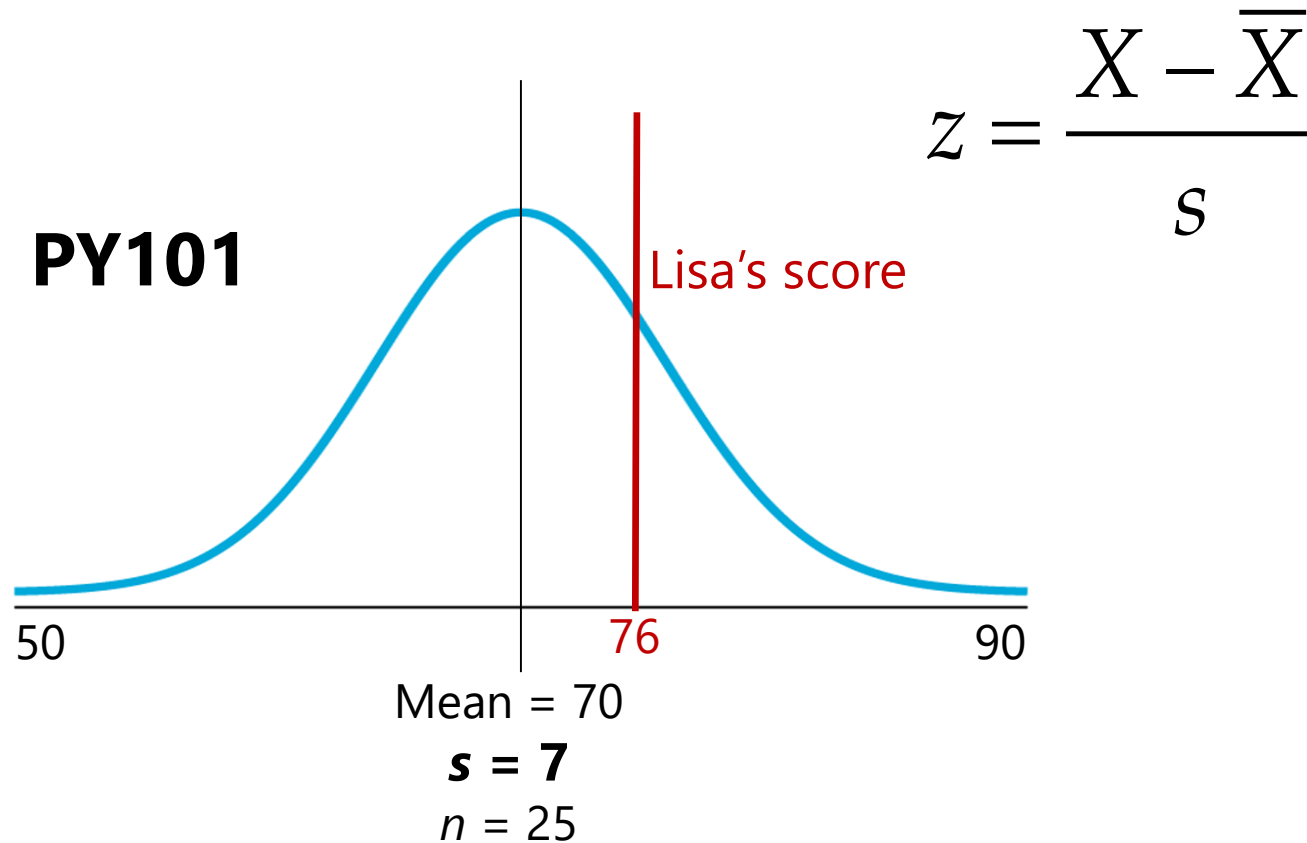
Let's convert Lisa's *raw score* into a z-score for each class

Lisa's z-score for PY 101

$$z = (76-70) / 7 = 6/7 = \mathbf{+0.86}$$

Lisa's z-score for BI 110

$$z = (76-70) / 3 = 6/3 = \mathbf{+2.00}$$



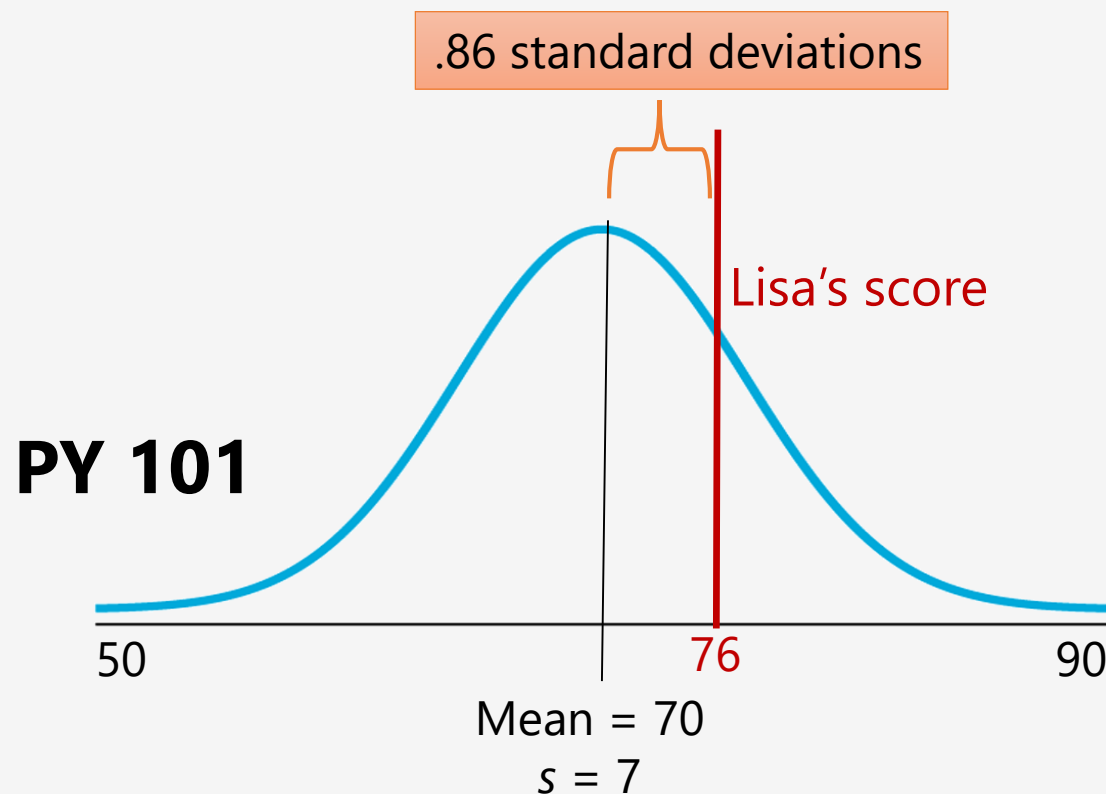
Which class is Lisa doing better in, relative to the class' performance?

BI 110

How do you interpret z-scores? What do they mean, in words?

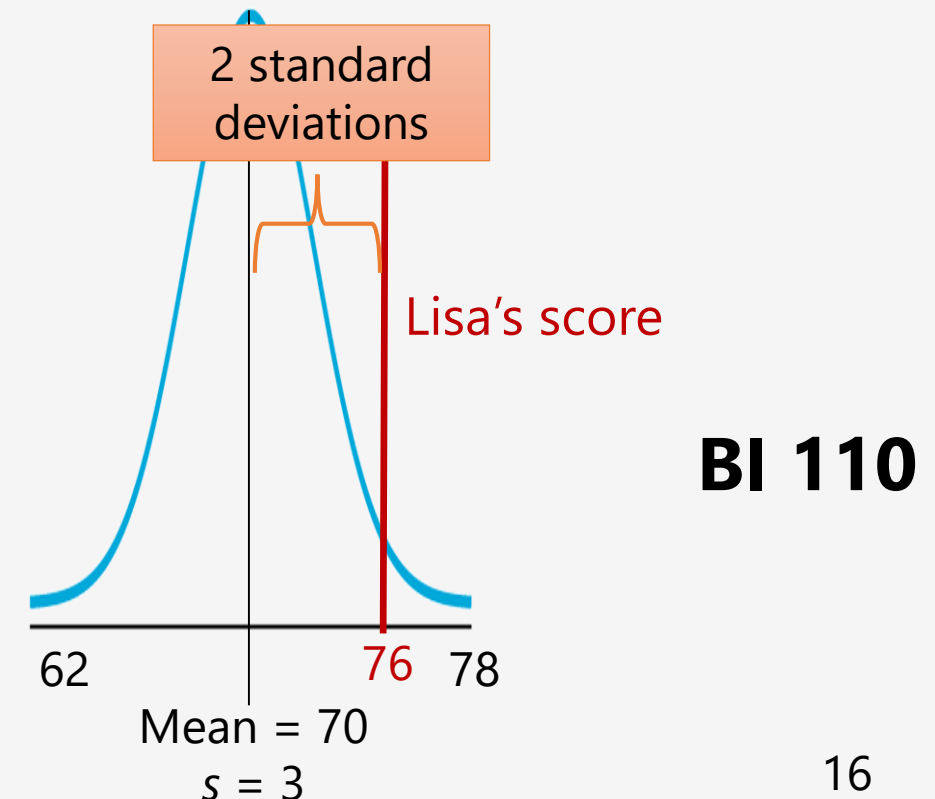
From prior slide...for PY 101, $z = +0.86$

- Lisa's raw score of 76 is **0.86 standard deviations above** the class mean in PY 101.



From prior slide...for BI 110, $z = +2.00$

- Lisa's raw score of 76 is **2.00 standard deviations above** the class mean in BI 110.



Bart earned a 65% on both exams.

What are his z-scores? *Calculate for each class distribution.*

Reminder, for PY 101

Mean = 70

Standard deviation = 7

- **$z = -0.71$**
- Bart's score of 65 is **.71 standard deviations below** the mean PY 101 score.

Reminder, for BI 110

Mean = 70

Standard deviation = 3

$$z = \frac{X - \bar{X}}{s}$$

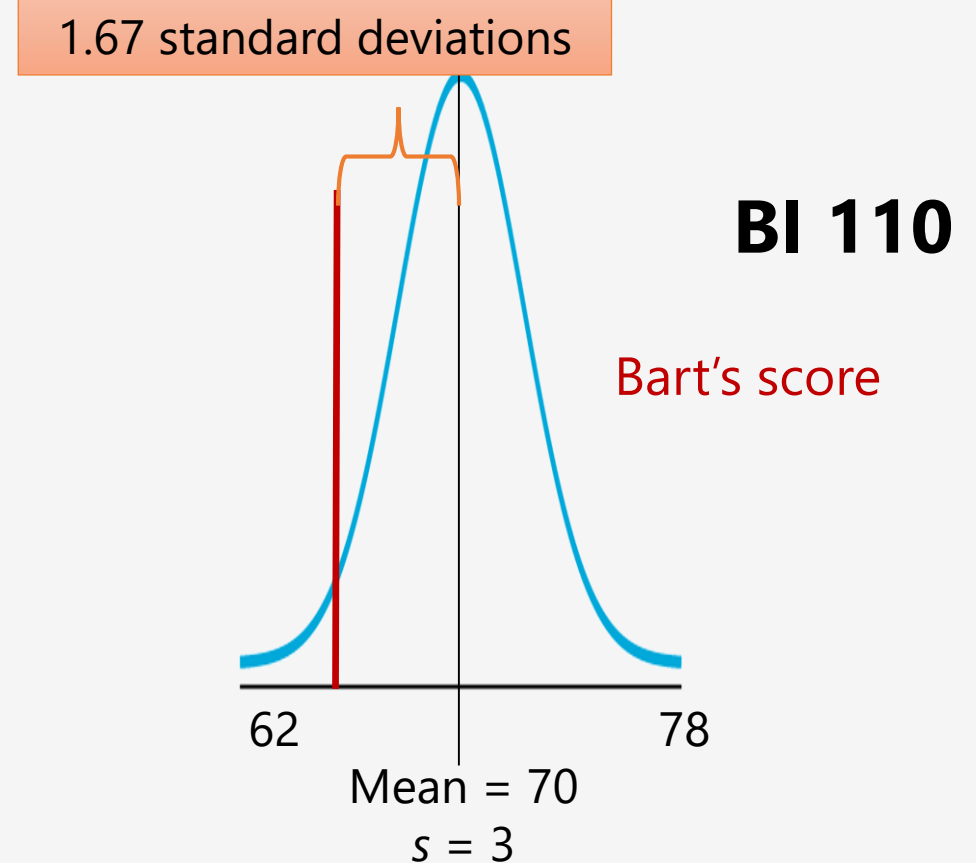
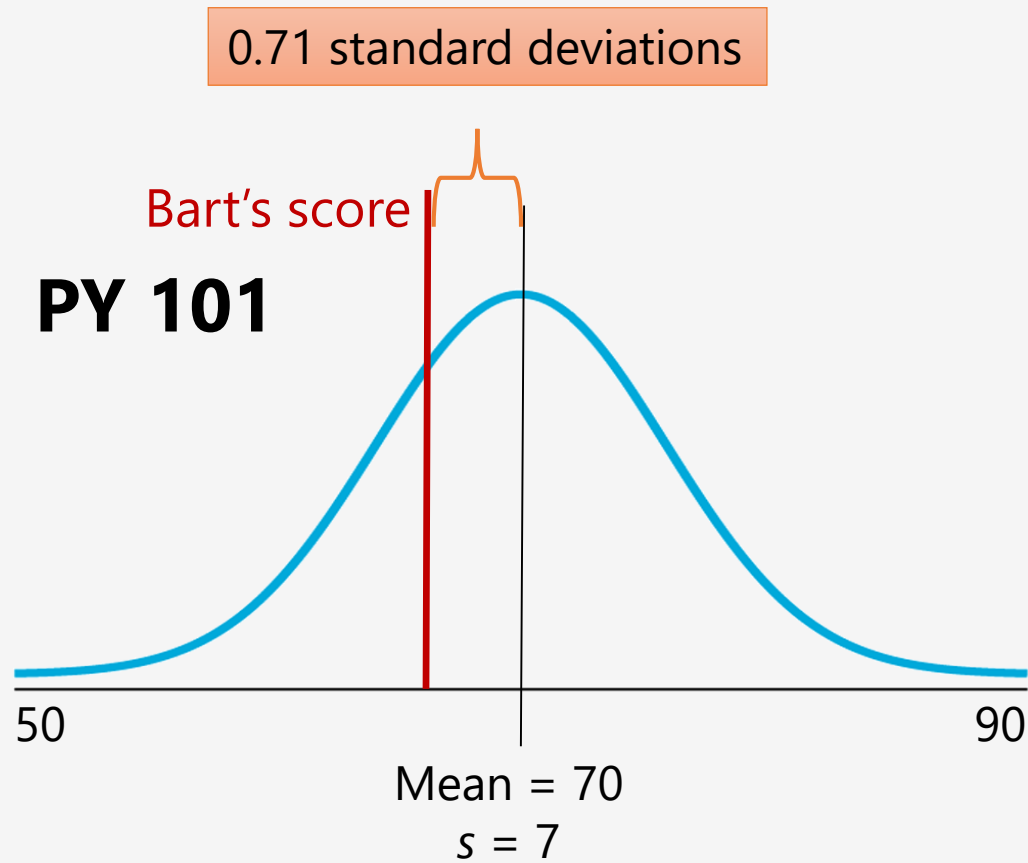
Interpret Bart's z-score in words.

- **$z = -1.67$**
- Bart's score of 65 is **1.67 standard deviations below** the mean BI 110 score.

Which class is Bart doing better in, relative to the class' performance?

PY 101

Bart earned a 65% on both exams.



What are the advantages of z-scores, over and above *raw scores*?

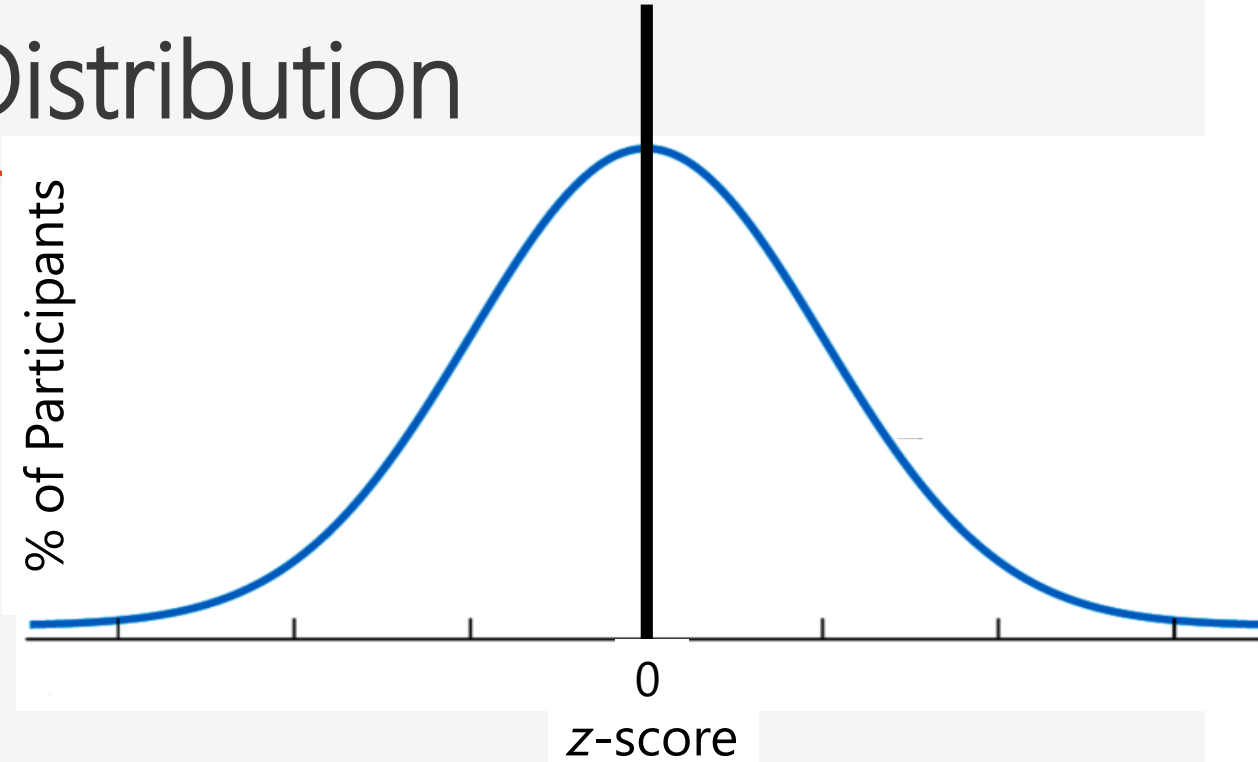


1. Z-scores make it possible to compare scores that come from different distributions.
 - Our original example: Lisa's z-score in **PY 101** & her z-score in **BI 110**
 - Another example: Lisa's z-score in **MU 100 Section A** & Allison's z-score in **MU 100 B**
2. Z-scores allow us to determine the **percentage** of raw scores that fall above or below a given raw score.
 - EX: what % of PY 101 classmates performed better than and worse than Lisa, who scored a 76 on the exam?

... the topic of Chapter 5

The Standard Normal (z) Distribution

- If you converted ALL raw scores in your normally-distributed sample to z-scores, & created a frequency distribution (histogram), it would be called the z distribution, which always has a mean of zero.



If your z-score = 0, what % of scores in the sample are *above* your score?

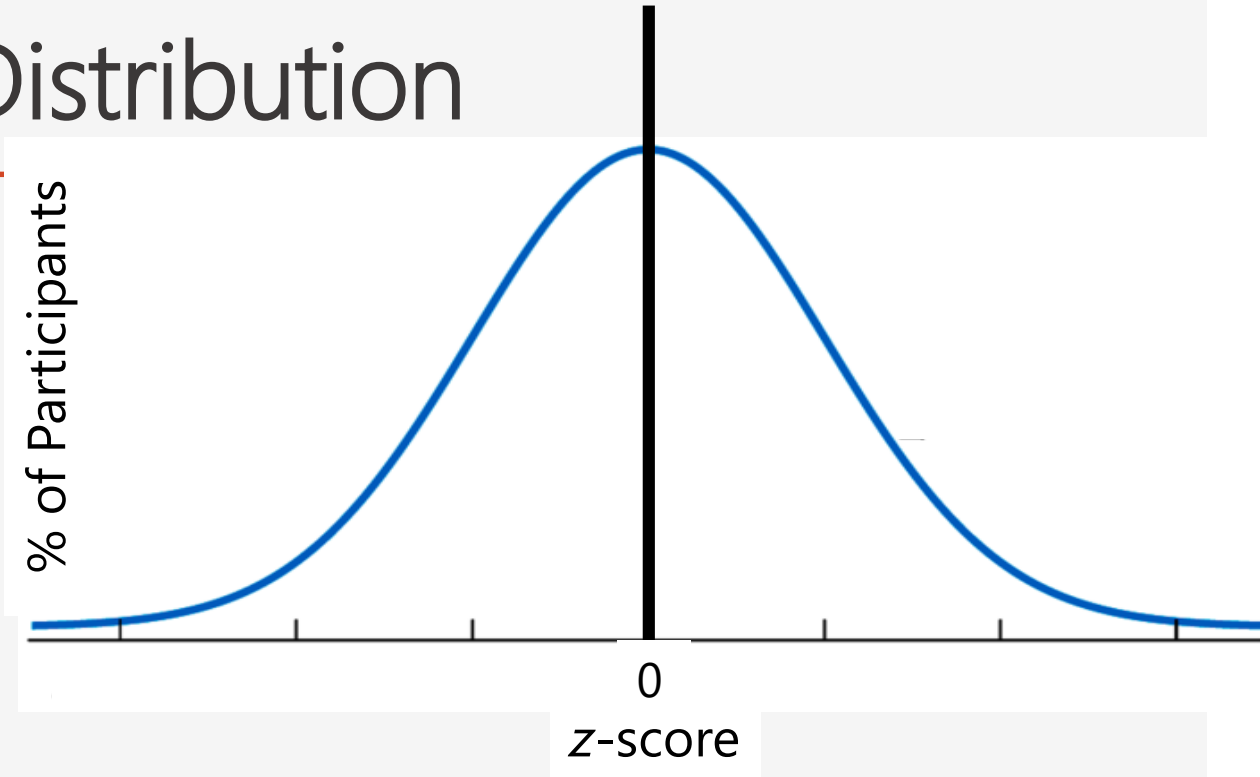
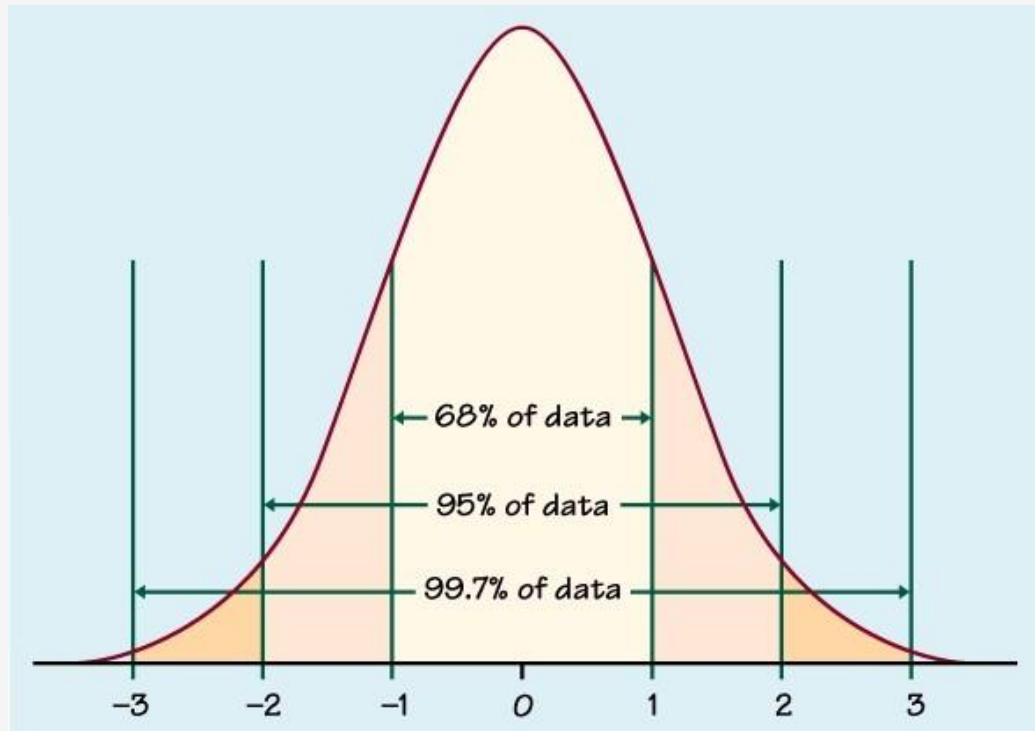
- ~**50%**

If your z-score = 0, what % of scores in the sample fall *below* your score?

- ~**50%**

The Standard Normal (z) Distribution

- If you converted ALL raw scores in your normally-distributed sample to z-scores, & created a frequency distribution, it would be called the z distribution, which always has a mean of zero.



Check your understanding of the z distribution

1. If your z-score = 0, what % of scores in the sample fall *above* your raw score?
2. In any z-distribution, what % of all scores have a z-score of $> +2$ or < -2 ?
3. If your z-score for a class exam is $+0.75$, does your raw exam score fall above or below the class mean?
4. If your raw exam score equals the class mean, what is your z-score?
5. If your z-score is -2.98 , are you closer to the center of the distribution or tails?
6. If you randomly select a z-score from all possible z-scores in our sample, what's the probability that the chosen score will be between -2 and $+2$?
7. If the mean height of all 5th graders is 50 inches, with a standard deviation of 5 inches and assuming the distribution is normal, what % of 5th graders have a height between 45 inches and 55 inches?
8. In a given sample, Person A has a z-score of -1.75 and Person B has a z-score of 2.30 . Whose raw score is closer to the mean of the sample?
9. In a given sample, Person A has a z-score of $+1$ and Person B has a z-score of -1 . What % of participants in the sample have scores between Person A and B?

Check your understanding of the z distribution

- 50% 1. If your z-score = 0, what % of scores in the sample are *above* your raw score?
- 5% 2. In any z-distribution, what % of all scores have a z-score of $> +2$ or < -2 ?
- above 3. If your z-score for a class exam is $+0.75$, does your raw exam score fall above or below the class mean?
- $z = 0$ 4. If your raw exam score equals the class mean, what is your z-score?
- tail 5. If your z-score is -2.98 , are you closer to the center of the distribution or tails?
- 95% 6. If you randomly select a z-score from all possible z-scores in our sample, what's the probability that the chosen score will be between -2 and $+2$?
- 68% 7. If the mean height of all 5th graders is 50 inches, with a standard deviation of 5 inches and assuming the distribution is normal, what % of 5th graders have a height between 45 inches and 55 inches?
- A 8. In a given sample, Person A has a z-score of -1.75 and Person B has a z-score of 2.30 . Whose raw score is closer to the mean of the sample?
- 68% 9. In a given sample, Person A has a z-score of $+1$ and Person B has a z-score of -1 . What % of participants in the sample have scores between Person A and B?

"Simple Learning Pro" YouTube channel

Playlist for ***statistics***

<https://www.youtube.com/playlist?list=PL0KQuRyPJoe6KjlUM6iNYgt8d0Dwl-IGR>

I also put this link on Moodle. Check it out!