## Essentials of Human Anatomy Heaton

## Muscles of the Head, Neck and Trunk

|  |  |
| --- | --- |
| FLEX the head, neck and/or vertebral column: | EXTEND the head, neck and/or vertebral column: |
| ELEVATE the mandible: | DEPRESS the mandible: |
| ELEVATE the hyoid bone: | DEPRESS the hyoid bone or thyroid cartilage: |