Drugs and Behavior Study Guide for Final Exam

Ecstasy

Be able to recognize and abbreviate chemical name for ecstasy

What are some other drugs found in “ecstasy” pills?

Know acute effects, toxicity, actions in brain, tolerance and withdrawal, and long-term effects

Herbal Drugs

What should you know about herbal drugs, in general?

How are they regulated and why is this important?

What have my own studies with herbal drugs shown?

Can you list a few examples of herbal drugs?

Do know the Melatonin slide

What should you know about “smart drugs” and herbal drug interactions with other drugs?

What are the take-home messages for herbal drugs?

Treatment

Is there a “cure” for drug addiction?

Be able to list several of the 13 Principles of Effective Drug Treatment

Be able to list some advantages and some disadvantages for the treatment types we spent time on (Methadone Maintenance, Psychological treatments, Therapeutic community, drug court/TASK, AA)

Be able to list/recognize some of the 12 steps of AA

Decriminalization and Harm Reduction

Be able to define decriminalization

What are some arguments for/advantages of decriminalization?

What are some arguments against/disadvantages of decriminalization?

What are some places that have decriminalized marijuana?

What is the Dutch drug policy related to “hard” and “soft” drugs?

Be able to discuss what has happened in Zurich (“needle park”, heroin maintenance programs) and some advantages and disadvantages of these programs.

What is harm reduction?

What are basic principles of harm reduction?

What are some examples of harm reduction programs?

Steroids

Steroid vs. anabolic steroid

Role of Testosterone during fetal period and during puberty

Medical uses of Testosterone

Some of the history of anabolic steroid use

How are these used by athletes?

Unwanted effects of steroids in men and women

Do steroids work?

Does “Roid Rage” actually happen?

Are they addictive?

Prevention

If you could design a prevention program, what are some things you would do?

Misc

Class discussion about “Intervention” episodes