

FUND ALCOHOL INTERVENTIONS

OUR GOAL

To create efficient Alcohol Intervention Programs for college students, we must determine what type of programs work. In order to do so, Brown University is analyzing past intervention methods to determine their effectiveness. As a result, we can create a model program for implementation across the country.

WHAT WE KNOW

- **SHORTER IS BETTER:** When intervention programs are shorter in duration, heavy drinking behavior is reduced.
- **STOPPING STEREOTYPES:** When college students expect positive outcomes from drinking, they are more likely to participate in excessive drinking behaviors. However, when these positive expectations are challenged in intervention programs, alcohol consumption was reduced on specific occasions.
- **WHAT DOESN'T WORK:** Past research has identified specific intervention methods, extensive goal-setting and describing moderation strategies, that are not effective in Alcohol Intervention Programs.

WHAT WE NEED TO KNOW

- How to further reduce binge-drinking
- How to influence Greek letter organizations through meaningful Alcohol Intervention Programs

HOW CAN YOU HELP?

Vote **YES** to NIH Funding #8265 on Tuesday.

Excessive alcohol use affects college campuses across the country, creating burdens for law enforcement officials and endangering students. Creating Alcohol Intervention Programs targeted towards students in Greek letter organizations is key. Short-term programs have been shown to decrease heavy drinking patterns amongst members. To change the culture surrounding excessive alcohol consumption on our college campuses, we must continue funding this research.

LEARN MORE

Alcohol Interventions for College Students in Greek Letter Organizations: A Systematic Review and Meta-Analysis, 1987 to 2014

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5112154/>

Self-Reported Drinking-game Participation of Incoming College Students

<https://www.tandfonline.com/doi/abs/10.1080/07448480309596343>

Brief Alcohol Interventions by Counselor and Computer

https://projectreporter.nih.gov/project_info_history.cfm?aid=8602761&icde=2966315