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Living a Life of Significance

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How I Define a Life of Significance

My place in the world will hopefully affect others. Everyday the things we do and say might have an impact. I want to be sure that in my life, that impact is positive. The impact could be big or small. People like Beethoven or Amelia Earhart are well known people whose impact will last forever, but a person does not need to be well known to have a lasting impact. A lasting impact could also just be one person's lifetime. Meeting and inspiring a single person could have a butterfly effect that ripples out to the community, the state, the country and so on. In my life many things play a part and influence my actions. This is the same way for others and I could be playing a part in influencing their actions. My life choices should be fulfilling and fun. My life is my own and to live it to the fullest I will utilize failure, instill balance, live passionately, care for myself and help others.

Everytime that I make the choice to make a new goal and follow through, there is a risk of failure. However, there is also almost always a chance to try again. Goals could be big or small, but with the right materials and skills, anyone can achieve their goals. That includes myself. Failure is an opportunity. It is an opportunity to learn from mistakes and grow. Failure shows where I went wrong, what I am missing, what I can do better and the amount of extra effort I might need to put in. Instead of looking at failure as only defeat, I can use it to try again. When I used to play volleyball, sometimes my teammates and I would fail to properly

communicate and so the ball would drop. We had to learn to be better about making calls and assigning roles to earn points and win. I miss one hundred percent of the shots I do not take. When I chose to not play volleyball anymore, there was no chance of me continuing on or finding opportunities. That was where I failed, so now more frequently choose to pursue what I want. There will always be points where I fail, so the best I can do is use it. I can learn from failure in order to become better and become closer to the life I want to live.

Life is full of challenges and so many different aspects. Friends, family, pets, career, hobbies and culture all play a part in every person's life. In my life, I tend to have a whole lot of some things and not enough of others. I believe the best thing I can do for myself is find balance. Balance can create stability and reduce stress. When I see another person with their life organized or they seem accomplished, I almost always find that they have found a way to balance their life. I have goals to help other people and make enough money to find ease in life. If I can balance my life, I will have less stress and an easier time achieving goals. For example, in the past I have prioritized friends over many other important things like school. I wanted to do well in school, but because I put my friends over everything, I was struggling. Balance is a great way to find success in a career and create a happier, healthier mindset. I feel that if my life was balanced, I would feel more at peace and one of my goals is to be in a good place mentally.

When I feel good about myself, I tend to do my best. Life is amazing when I am able to care about myself. In my opinion, self care is very important. Everything that I want to do comes easier when I am in a good mindset. Being able to care about myself is a struggle and so when I can, I feel proud. Becoming confident and self-assured has always been a goal of mine. My quality of life rises and I can put more energy into hobbies, friends, family, etc. This energy is needed for me to live a life of significance. I want to feel better about myself and I want to care

about myself the same way I care about others. I can make the most difference when I care about myself. When I was at a very low point in my life, I got into a relationship with someone. Being insecure and having no confidence made for a terrible relationship. The love that I should have been giving to myself, was given to a person that was also struggling to love themselves. How could I love what I do, love people and make any effort if I can not even love myself.

A good mentality allows me to do a better job at being there for other people. Helping people has to be one of the most fulfilling things that I can do. I love the connections that can come from just simply being there for another human being. Even small acts of kindness can make a huge impact on another person. Simple compliments can turn one person's bad day into something more sweet. I know that if I were to dedicate chunks of time into helping others, it could make a difference that I could be proud of. Knowing that even small things matter is what feels good to me. So whether my life turns into dedicating effort to helping the less fortunate or simply volunteering on the side, I know I am making an impact. When I was in highschool, I spent time volunteering at an organization that provides for families with disabled children. Walking into the classroom every week and watching every kid run up with a big smile was something that I looked forward to each Thursday. I have spent time volunteering in other ways and through those experiences I know that my life could not be fulfilling without helping other people.

Part of the reason helping others feels so fulfilling is that it is something I can easily be passionate about. I felt passionate while helping out in a classroom, cleaning up a beach or rebuilding various items at a shelter for troubled children. Passion is such an important part of what drives someone. Being driven and passionate intertwine. I want every aspect in my life to have passion. If every aspect has passion, the work and effort can be enjoyable and fulfilling. I

believe passion should play the biggest role in my work or my career. I do not want a standard job that has no impact. I want to know that what I am doing plays more of a role than just making money or something that only I can enjoy. My work should reflect who I am, who I want to be and what I want in the world. I want to be the change I want to see. Passion can make that whole challenge easier and a way to motivate me.

Utilizing failure, balance, self-care, helping others and passion are all important to be able to live a life of significance. Everyone might have a different idea, but I believe taking every opportunity and understanding there will be many emotions involved is a part of living a life of significance. Some may believe in the standard life of working a nine to five job that pays well and having a family. Some may want to travel the world and experience as much as possible. I hope that my life will be a mixture. I want to do it all. I want to help people, experience new cultures, find myself, become successful and have a family,