Drugs and Behavior Study Guide for Final Exam

Herbal Drugs

What should you know about herbal drugs, in general?

How are they regulated and why is this important?

What have my own studies with herbal drugs shown?

Can you list a few examples of herbal drugs?

Do know the Melatonin slide

What should you know about “smart drugs” and herbal drug interactions with other drugs?

What are the take-home messages for herbal drugs?

# Hallucinogens

Which are chemically related to serotonin?

How are they thought to work in the brain?

For LSD, psilocybin, and Mescaline what are the differences?

What are the other 2 types of hallucinogens covered in the book chapter and examples of each?

What are the acute effects of all these drugs?

Which hallucinogens are the most dangerous?

Can you be addicted to hallucinogens?

Treatment

Is there a “cure” for drug addiction?

Be able to list several of the 13 Principles of Effective Drug Treatment

Psychological Treatments

Be able to list some advantages and some disadvantages for the treatment types we spent time on (Methadone Maintenance, Therapeutic community, drug court/TASK, AA)

Be able to list/recognize some of the 12 steps of AA

Decriminalization and Harm Reduction

Be able to define decriminalization

What are some arguments for/advantages of decriminalization?

What are some arguments against/disadvantages of decriminalization?

What are some places that have decriminalized marijuana?

What is the Dutch drug policy related to “hard” and “soft” drugs?

Be able to discuss what has happened in Zurich (“needle park”, heroin maintenance programs) and some advantages and disadvantages of these programs.

What is harm reduction?

What are basic principles of harm reduction?

What are some examples of harm reduction programs?

Misc

Class discussion about “Intervention” episodes