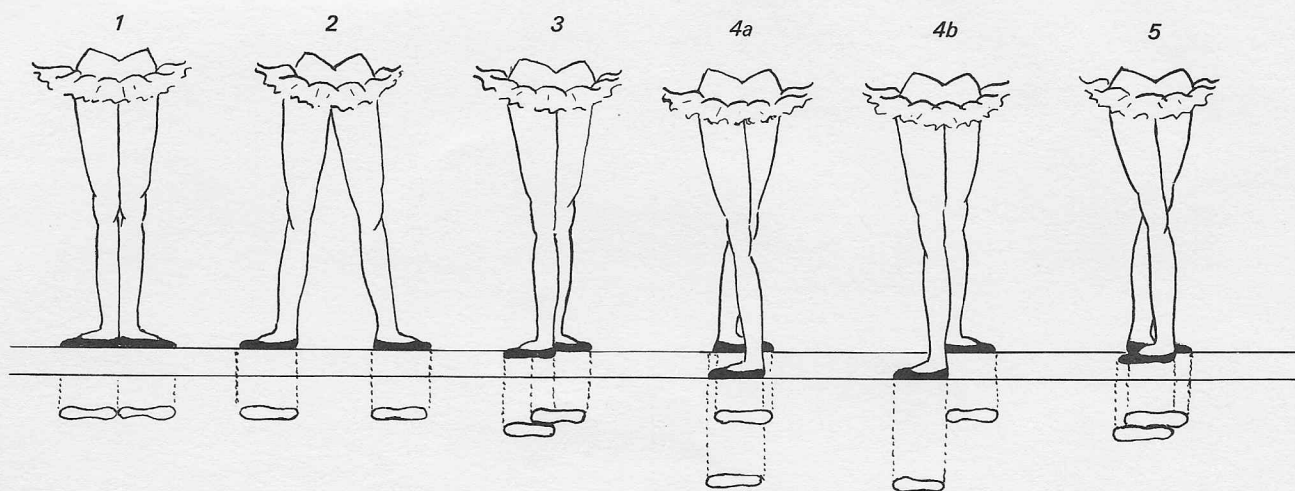


FIXED POINTS OF THE PRACTICE ROOM OR STAGE:
CECCHETTI METHOD (see p. 50)



CINQ POSITIONS DES PIEDS (see p. 76)

1. First position of the feet.
2. Second position of the feet.
3. Third position of the feet.
- 4a. Fourth position croisée of the feet. This position may also be done with the feet placed in the third position, parallel and separated by the length of one foot.
- 4b. Fourth position ouverte of the feet.
5. Fifth position of the feet (Cecchetti). In the Russian and French Schools the feet are completely crossed toe to heel.